

Cold Ash Pre-school: Nappy & 'Pull Ups' Changing Policy

Safeguarding and Welfare Requirement: Health

Providers must ensure there are suitable hygienic changing facilities for changing any children who are in nappies.

Policy statement

No child is excluded from participating in our setting who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent. We work with parents/guardians towards toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time.

We provide nappy changing facilities and exercise good hygiene practices in order to accommodate children who are not yet toilet trained.

We see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults.

Procedures:

- We encourage parents/guardians to put their children in pull ups, or other types of trainer pants, (as opposed to nappies).
- Our key persons undertake changing children in their key groups; back up key persons change them if the key person is absent.
- Frequency of nappy changes will be determined by various factors. If the child is obviously soiled, if the child has notified an adult that they need changing or if a significant amount of time has passed.
- Our changing area is a safe area to lay children and no bright lights shining down in their eyes.
- Our staff put on gloves and aprons before changing starts and the areas are prepared. Gloves are not always required for a wet pull up where there is no risk of infection; however, gloves are always available for those staff that chooses to wear them. Gloves are always worn for a 'soiled' nappy.
- All our staff are familiar with our hygiene procedures and carry these out when changing nappies.

- Our staff never turn their back on a child or leave them unattended whilst they are on a changing mat NB: changing mats are not always necessary).
- We are gentle when changing; we avoid pulling faces and making negative comments about 'nappy contents'.
- We do not make inappropriate comments about children's genitals when changing their nappies.
- In addition, we ensure that nappy changing is relaxed and a time to promote independence in young children.
- We encourage children to take an interest in using the toilet; they may just want to sit on it and talk to a friend who is also using the toilet.
- We encourage children to wash their hands, and have soap and paper towels to hand. They should be allowed time for some play as they explore the water and the soap.
- We do not use anti-bacterial hand wash liquid or soap for young children; young skin is quite delicate and anti-bacterial products kill off certain good bacteria that children need to develop their own natural resistance to infection.
- Older children access the toilet when they have the need to and are encouraged to be independent.
- We dispose of nappies and pull ups hygienically. All used nappies or pull ups are bagged and put in the bin outside. Trainer pants and ordinary pants that have been wet or soiled are rinsed and bagged for parents/guardians to take home.
- We have a 'duty of care' towards children's personal needs. If children are left in wet or soiled nappies/pull ups for an unacceptable period of time in the setting this may constitute neglect.

NAPPY/PULL UP CHANGE PROCEDURE

- Before starting, ensure that you have the following:
 - Change mat (if necessary) - cleaned with anti-bacterial spray and paper towels
 - Gloves and apron
 - Child's nappies/pull ups and spare clothes
 - Either the child's or preschool's wipes and nappy sack
- Use a quiet, private area
- Encourage as much independence when removing shoes and clothes as possible, supporting where necessary.
- Whilst changing, use the time to talk about something with the child e.g. what they have done at preschool so far, what they would like to do when we've finished changing.
- Once changed, encourage child's independence when dressing and putting shoes back on, supporting where necessary.
- Assist the child with washing their hands.
- Once the child has gone back to their play, dispose of the gloves, apron and nappy sack containing used nappy and wipes into the green bin outside.
- Ensure that you have cleaned the mat and washed your hands before returning to the session.